

Level 2 Certificate in

# Understanding Personal Care Needs

As we see an increasingly ageing population, the number of adults needing around-the-clock care is on the rise. As well as the need for medical care, there is also a need for high levels of personal care to allow those who need support to live as comfortably as possible. This qualification focuses on developing a person-centred approach to delivering high levels of personal care.

## Unit 1: Understand person-centred care

This unit is aimed at those working in a wide range of settings. It provides the learner with the knowledge required to understand how to work in a person-centred way.

## Unit 2: Understand how to support personal hygiene

This unit provides the learner with the knowledge required to support an individual in maintaining personal hygiene.

## Unit 3: Understand foot care for individuals

The aim of this unit is to provide learners with the knowledge and understanding required to support individuals with foot care.

## Unit 4: Understand how to support individuals to maintain oral health

The aim of this unit is to provide learners with the knowledge and understanding required to support individuals to maintain oral health.

## Unit 5: Understand pressure area care

The aim of this unit is to provide learners with the knowledge and understanding of pressure area care. They will also understand good practice, how to follow an agreed care plan and the importance of valid consent in order to carry out pressure area care.

## Unit 6: Understand sepsis

The aim of this unit is to provide learners with the knowledge and understanding of sepsis and who it may affect. The learner will also understand signs, symptoms, causes and treatments of sepsis.

