

Level 2 Certificate in

Extended Certificate in Health & Social Care Professions

This qualification is aimed at learners wishing to develop skills in Health and Social Care and may wish to go onto further study or work in this area.

PERSONAL AND SOCIAL DEVELOPMENT

Unit 1 - Individual Rights and Responsibilities

- Understand their individual rights
- Understand their individual responsibilities

Unit 2 - Identify and Cultural Diversity

- Understand the meanings of the terms social diversity and inclusion
- Understand equality, discrimination and prejudice
- Understand the diversity of communities

Unit 3 - Time Management

- Know how he/she spends his/her time
- Understand time management
- Know how to use time management as a way of reducing stress

Unit 4 - Research Skills for Academic Study

- Understand how to plan research on a given topic
- Assess the reliability of a range of different types of information sources
- Know how to utilise information to inform own writing
- Utilise information to inform own writing



HEALTH AND SOCIAL CARE UNITS

Unit 1 - Ethical Issues in Health Care

- Understand the concept of ethics as it relates to health and social care professions
- Understand a number of ethical issues in health care
- Understand the complexity of factors involved in ethical issues

Unit 2 - Introduction to a Healthy Lifestyle

- Know what contributes to a healthy lifestyle
- Know how activities contribute to a healthy lifestyle
- Know what contributes to an unhealthy lifestyle
- Know how to develop a personal healthy lifestyle plan

Unit 3 - Introduction to Physical Disability

- Know the importance of a person centred approach when working with individuals with a physical disability
- Know the main causes of physical disability
- Know how the challenges of living with a physical disability can be addressed

Unit 4 - Introduction to Mental Health

- Know the importance of a person centred approach when working with individuals with mental health problems
- Know the main factors that can cause mental health problems
- Understand the importance of effective communication with individuals who have mental health problems

Unit 5- Principles of Safeguarding and Protection in Health and Social Care

- Know how to recognise signs of abuse
- Know how to respond to suspected or alleged abuse
- Understand the national and local context of safeguarding and protection from abuse
- Understand the ways to reduce the likelihood of abuse
- Know how to recognise and report unsafe practices

*The level 2 distance learning courses are fully funded.
The only criteria is that you are over 19, have lived in the EU for the past 3 years and currently live in England.*