

Level 2 Certificate in

Understanding Autism

Our Understanding Autism course will give you an understanding of autism and the principles of supporting individuals with autism. You will look at the person-centred approach and the influence that positive communication methods can have and will gain an understanding of how individuals with autism can be supported to live healthy and fulfilled lives.

Unit 1: Introduction to autism

This unit will provide you with a comprehensive introduction to autism, covering what is meant by 'autism', theories, exploring how autism develops and methods of working with those affected. You will also look at common misconceptions surrounding autism and conditions that develop alongside autism.

Unit 2: Using a person-centred approach to support individuals with autism

This unit covers the method of utilising a person-centred approach in order to support individuals with autism, incorporating the unique preferences and needs of the individual. You will examine the legislation and guidance on autism, as well as the support networks available to individuals diagnosed with the condition and their families.

Unit 3: Communication and social interaction in individuals with autism

This unit covers the delays and difficulties in speech, language, and social development often faced by individuals with autism. Also covered are methods and strategies that could be used when communicating with an individual with autism.

Unit 4: Sensory processing, perception and cognition in individuals with autism

In this unit you will gain an in-depth understanding of sensory processing, perception and cognition in individuals with autism - including hypersensitivity and hyposensitivity. You will also consider how to support the many unique sensory needs of individuals with autism.

Unit 5: Supporting positive behaviour in individuals with autism

This unit will provide you with an understanding of an individual's behaviour in the context of autism. You will also look at how to support positive behaviour and help individuals to develop coping strategies.

Unit 6: Supporting individuals with autism to live healthy and fulfilled lives

This unit covers how to provide effective support through transitions and life events, how to maintain the personal safety of others and how to access the wealth of services, facilities and employment opportunities open to those living with autism. You will also gain an understanding of what it is like for an individual to live with autism, including their experiences and their challenges.



We are currently able to provide distance learning courses without any cost to the individual learner. However due to the limited funding we have at our disposal that provision may be limited to one course per person per financial year.