

Level 2 Certificate in

Introducing Caring for Children and Young People

This qualification will give you an introductory understanding of childcare through exploring young children's development, the value and importance of play, how to plan a healthy diet and the importance of safeguarding and welfare.

Unit 1: Young children's development

This unit will explore the stages of development of young children from birth to three years. Alongside this, you will learn about how positive environments support the development of young children.

Unit 2: The value of play to young children

Within this unit you will learn about the necessity of play to young children's development as well as demonstrating different play activities suitable for young children from birth to five years old.

Unit 3: Importance of play for early learning

This unit will take you through the vital importance of creativity and imagination in the development of a child. You will learn about how to organise a cooking activity for children as well as the particular importance of books and stories in child development.

Unit 4: Safeguarding the welfare of children and young people

This unit examines legislation, guidelines, policies and procedures for safeguarding the welfare of children and young people (including e-safety). You will look at what action to take when children or young people are injured or ill and when complete, you will be able to recognise emergency procedures as well as how to respond to suspicions that a child or young people has been abused, harmed or bullied.

Unit 5: Use food and nutrition information to plan a healthy diet

This unit will help you to build an understanding of how to make healthy and nutritional food choices for children. You will develop knowledge of food labels and what to look out for to ensure that children are given a balanced diet.

