

Level 2 Certificate in

Understanding Adverse Childhood Experiences

This course will introduce you to the impact adverse childhood experiences have on children's holistic development, health and wellbeing. So many children within our society today are living through adverse childhood experiences, the impact of such experiences can be felt well into adulthood.

It is critical that children and young people who have had these experiences, receive intervention and support through trauma informed practice in order to meet their individual needs. If you are supporting or caring for children and young people impacted by adverse childhood experiences, knowledge gained through this course will empower you to develop strategies to improve outcomes for children.

Unit 01:

Exploring childhood and family structures

In this unit learners will begin to explore the development of children and young people and different perspectives on childhood. The unit will also cover the role of the family and different family structures.

Unit 02:

Introduction to adverse childhood experiences

This unit introduces learners to Adverse Childhood Experiences (ACEs) and potential outcomes for children impacted by ACEs. The unit also covers the role of the practitioner in supporting children.

Unit 03:

<u>Understand strategies to improve outcomes for</u> <u>children affected by adverse childhood experiences</u>

In this unit learners will consider the role of the practitioner in supporting children impacted by adverse childhood experiences (ACEs) using strategies to develop resilience and improve outcomes.





